CONNECT WITH OTHERS

CAREGIVER SUPPORT GROUPS

This program brings caregivers together to share their experiences in a confidential and supportive setting. Support groups helps caregivers gain skills, build confidence, and learn helpful resources available in the community.

In Person at the Durgin Center:
Monthly every second Friday 9-10:30 a.m.
Monthly every fourth Friday from 10:30 a.m. -12 p.m.

In Person at the Ellsworth Library:
Monthly every second Thursday 2-3:30 p.m.

Zoom Support Group:
Monthly every third Thursday 2-3:30 p.m.

In Person at Calais United Methodist Church:
Monthly every fourth Wednesday 2-3:30 p.m.

alzheimer's association

Call 1-800-432-7812 or 941-2865 to sign up

EASTERN AREA AGENCY ON AGING